



The Holy Spirit keeps us going here at Saint Paul! The presence of God keeps us awake and ready to respond to the opportunities to serve others, and to feed our souls! I am amazed at all that God places before us and entices us to accomplish. I think about this as we come to that time of the year when we are asked to plan for the coming year. We may have a “vision” of what we are being called to do, but our plans have to be flexible as we live each day.

It was not in our “plans” for 2014 to have two Sunday services in the summer. But members of the church felt an “urge” to suggest we try it, and we did! It was something we had to adjust to as we changed our service times, but we did it. At our September Church Council meeting a member of our church presented a review of what he experienced and what other members shared with him about this summer schedule, and asked that we discuss it and consider changing to two Sunday worship services. We are not changing worship times at this time, but we are going to discuss the idea. This is NOT a “clergy staff driven” idea—again it was an idea members brought to the Church Council. And the Council voted to try it for the summer, and so we did.

Please, give this your prayerful consideration. Is this something that would benefit our church? How do we feel when the attendance at a service is larger? Who are we serving? We will continue the discussion at Church Council. You are all invited to attend our Church Council meetings.

Grace and Peace,
Dr. Keith W. Johnson, Lead Pastor

Church Conference
Sunday, October 19, 4:00 p.m.
St. Andrews UMC, 15050 West Maple Street

Other Important Dates

- | | |
|---------------|--|
| October 4 & 5 | UMW Mini Mart |
| October 4 & 5 | Health Assessments by Nursing Students |
| October 5 | Flu Shots Available |
| October 15 | M&M Worship Service |
| October 25 | Dinner Group Goes to Petrow's |



Saint Paul Church

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E-mail:

saintpaul@stpaulomaha.org

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Lead Pastor

Rev. Jerry Brabec
Minister of Worship

FaraNita Dunbar
Director of Children's Ministries

Kristin Malone
Director of Youth Ministries

Kathy Rice
Director of Stephen Ministry

Doug Olson
Adult Ministry Coordinator

Sue Bobek,
Membership Secretary &
Administrative Assistant to the
Lead Pastor

Connie Almgren
Financial Secretary

Sue Bacon
Communications Coordinator

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St. Paul Child Care & Preschool

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Community Counseling

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Mary Kate Hoffman, LMHP

The inSpiration is published monthly. Information is due to the editor by the 19th of the month to be included in the next issue.

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Letter from FaraNita Dunbar

Dear Saint Paul United Methodist Church Family,



Please let me take this opportunity to introduce myself as the new Children's Ministry Director. With a diverse academic, professional, and biblical background; I am called to serve and willing to assess the needs, challenges, and the strengths of children and families of faith.

As your new Children's Ministry Director, my utmost concern is to serve Christ by using my skills to undergird your teachers and ministry team members to better equip your children and families to fulfill the great commission. I would like to meet you personally to introduce myself in a better way.

If I can be of service, please feel free to contact me via phone at 402.210.7864, email at Fdunbar@stpaulomaha.org, or in person.

In His Service,
FaraNita Dunbar, Min., Ed.D Candidate, LIMHP

FaraNita's Vision and Mission

Vision: We are dedicated to seeing children and families grow upward in worship, inward in commitment, and outward in evangelism.

Mission: Helping children, conception to sixth grade, glorify God and grow to their full potential in Christ by partnering with parents in knowing, involving, developing and serving (KIDS).

- K** Knowing God and His Word
- I** Involving in Friendship and Fellowship
- D** Developing Ministry Gifts
- S** Serving in the church and community

Health Screenings

Saturday, October 4

4:15-5:00 p.m. in Rooms 105 & 109

Health screenings include blood pressure, diabetes, height, weight & BMI (body mass index)

Health Screenings & Flu Shots

Sunday, October 5

9:00-11:00 a.m. in Rooms 105 & 109

Cost of flu shots: \$32.00. They accept cash, check, credit card, BCBS, Coventry/Aeta or Traditional Medicare Part B insurance

Be a Blessing to Others

An important element in the receiving of Christ's holy meal is how we respond to the invitation. Through our monthly communal offering we respond to being the body of Christ in a truly tangible way. On October 04/05 our second mile giving will help support the denominational special offering for **World Communion**.

Around the globe, countless gifted and qualified people face financial obstacles that hinder them from preparing for the vocation God has given them, especially youth and young adults. For ethnic students who will be the first generation in their families to attend college, or for those people of color who haven't historically had access to resources that make higher education possible, the road toward education has often been unwieldy.

The sacramental observance on this weekend calls the church to reach out to all people and model diversity among God's children. The offering benefits World Communion Scholarships, the Ethnic Scholarship Program and the Ethnic In-Service Training Program. United Methodists relate to the **World Communion** offering by informing qualified people, especially youth and young adults, to apply for scholarships and by giving generously to the special offering, which often enables first-generation students to attend college.

32nd Annual Omaha CROP Hunger Walk



Saint Paul UMC will be one of the location stops for the CROP Walk sponsored by Church World Service. The walk will take place October 12, and we will be signing up walkers and sponsors the weekend of October 4 and 5.

The CROP Walk raises money for local hunger-fighting agencies as well as the international relief and development efforts of Church World Service. 25% of the funds raised by the 2014 Omaha CROP Hunger Walk will be donated to homeless shelters in the Omaha area. In 2013, \$6,905 of the money raised by the walk was given to Open Door Mission, Siena/Francis House and Stephen Center.

Make a difference in Omaha and the world:

...as a Walker. The CROP Walk is for the entire family. There are 1, 2.5, and 5 mile routes. You choose how far to walk.

...as a Sponsor. Even if you cannot walk you can participate by sponsoring someone who can.

Habitat House Update

The Carpenter's Crew volunteers, which include several Saint Paul UMC members, have been taking a scheduled two-week break from working on this year's Habitat House at 2444 South 20th Street. During the volunteers' break, professionals come in and install the electricity, plumbing and heating/air conditioning.

The windows and doors are all installed. The outside of the house is done except for a small amount of siding on the front. When the volunteers return to work, they will finish the siding and begin on the interior.



**Lay Missionary
Planting
Network
\$313**

New Refugee Family Arrives

After the initial disappointment of Saint Paul friends (picture 1) due to arriving several hours later than anticipated, the Kuber Rai Family now officially resides in the United States of America! Kuber's brother and family having themselves been in this country for more than a year, turned out in force with other members of the Bhutanese community to greet them. The family was welcomed with flowers and gathered to await their luggage (picture 2) which had arrived earlier. Following a prescribed period of debriefing and acclimating by Lutheran Family Services members of the Mercy & Justice Team were able to meet with the Rai's (picture 3) and begin our ministry of caring.

For the majority of us, it is difficult to imagine growing up or raising a family in any other cultural way than that with which we are familiar. So too for Kuber and Tika Maya and their three daughters, 19 year old Sunita, 17 year old Samjana, and 9 year old Apshana. Having lived in Beldangi I Camp for 23 years, Kuber and Tika provided for their family in the ways of their culture. Nepal is a landlocked South Asian nation bordered by China to the north and India on the east, west and south and is located in the Himalayan Mountain range with the Beldangi camps located in the south central region of the country.

Over 80,000 refugees have fled the camps, most being resettled by and in the United States. Sunita, Samjana, and Apshana attended school and speak limited English. They are anxiously awaiting school enrollment here and should begin that new experience in early October.

A sincere thank you is due to the many Saint Paul members and friends that made the Saturday morning apartment furnishing and staging such an enjoyable experience: Dave Andress, Marta Brabec, Michael Jirkovsky, Mary Ann Kirchner, Kevin Kupzyk, Patrick Mantell, Linda Mead, Charlotte & Dan Rasmussen, Peg Reed, Richard Stockton, Kendall Taylor, Orene Taylor, Preston Taylor, Charlene Wilcox, Derek Wolfe, Kris York. We were so fortunate to be able to start with an apartment that had been painted, carpets cleaned, newer kitchen appliances all in working order, and a bath and ½ for the family of five!

Your gift of time is still needed to offer other new experiences to this family as they begin to resettle in a culture which has promised them a chance to succeed through perseverance and hard work and the freedom to worship as they choose.



"My Bible" Adventurers Class Coming in October



**CHILDREN'S
MINISTRIES**

Dates TBA in the worship guide closer to the confirmed dates based on registration. Please bring your third grader out for two sessions on where to find it in the bible. A bible course designed with your third grader in mind. They will learn how to use their bibles and the importance of allowing God's word to govern their lives at home, at school, and everywhere else they go.

Please consider helping out with the Children's Ministry. Call FaraNita Dunbar at 402-556-2433 for more information.



Bible Study for Busy Lives

Are you ready to expand your Biblical knowledge? Have you had interest in Disciple Bible Study but the time has been a problem? We are participating in the new Disciple Bible Study program called *Disciple Fast Track*.

One difference between the *Fast Track* and other Disciple programs is that it is set up in a way that it can be used with groups of 8 to 100, rather than only 12. This class will meet weekly for only 1 hour and 15 minutes rather than 2 ½ hours. There are new videos by Bishop Richard Wilke who authored all of the earlier Disciple Bible Study materials. We use the same study book with some new materials to accomplish the study of the Old Testament in 12 weeks and the New Testament in 12 weeks rather than 34 weeks.

We plan to begin the Old Testament section with an introductory meeting on Sunday, October 5, 2014, at 1:00 PM in room 203. We will begin the classes on Sunday, October 12th and continue through Sunday, December 21st. The New Testament sessions will begin in January and be completed before Easter.

For any questions please call the church office (402-556-2433) and/or speak to Kathy Rice or Doug Olson. Please check the screen in the gathering area for additional information.

Tuesday Morning Study Continues

The Tuesday Morning Study Group has been discussing "The 5 Practices of Fruitful Congregations" by Bishop Robert Schnase. These practices – radical hospitality, passionate worship, intentional faith development, risk-taking mission and service, and extravagant generosity – provide a look at how we apply our faith inside and outside our congregation. While there are topics and activities mentioned, it is not intended as a "checklist" that can be applied to every congregation. We are encouraged to look at our own situation in the community and adapt the things that will work for us here and now.

We meet every Tuesday at 10 a.m. in the Library, and while there is a book for this study, you need not have read the material to join us in conversation. Drop by if you are interested, we almost always have coffee and snacks to add to our fellowship and learning!

SHARE Food Program Update

A couple of months ago, transition occurred within the SHARE Food Program concerning the Benson SHARE site. At that time I contacted the church office and shared that changes were happening and that we would not be having distributions. Benson SHARE has now reorganized as Faith Covenant SHARE with Theresa Graeve as the new coordinator. During the time that Saint Paul UMC hosted the program as Benson SHARE, our group was very appreciative for the space given to us each month. We reached out to many families in the Metro area. We were but a small part of the huge outreach program at Saint Paul UMC. We especially appreciate the weekend janitorial staff who worked to assist us.

Again, we thank you for the assistance to allow us to reach out to our community.

Barbe Huffman, SHARE coordinator and the Benson SHARE volunteers

What is a Stephen Caregiver?

Have you ever had a time in your life when all you needed was just someone you could talk to and that someone would just listen? That is a Stephen Caregiver. Did you ever have a crisis in your life when you just did not know where to turn? You just needed someone who would be there for you to walk with you on the way and listen. Have you lost a job? Has a loved one died? Are you lonely, depressed, at your wit's end, chronically ill, going through a family crisis, your children have moved out, your children are moving back home, there is a divorce, a wedding, a problem pregnancy? These are some of the times that you may wish to request a Stephen Caregiver.

Our Stephen Caregivers will be commissioned in worship on Sunday, November 2, 2014. By that time they will have completed 50 hours of training. The training includes sessions about listening, assertiveness, Christian Caregiving, feelings, confidentiality, and many other pertinent topics. A Stephen caregiver is paired with one who requests to receive care by the Stephen Leader (Kathy Rice) and the pastor (Dr. Keith Johnson.) A woman is always paired with a woman and a man with a man. After the initial training, the Stephen caregivers will continue to meet once a month for continuing education, support and discussion. However, confidentiality is absolutely maintained. Names of care receivers are never divulged without the permission of the care receiver. Details are not divulged. There is NO JUDGMENT made by anyone.

If you are in need of a Stephen Care giver, or know someone who may benefit from a care giver, please contact Kathy Rice or Keith Johnson at 402-556-2433.

Second Annual Walk-Run-Bike-Golf Day

18 St. Paul members and 5 dogs came out to Esther Pilster Park on Saturday, September 13, to participate in a fitness, food, fun and fellowship gathering. Members were encouraged to engage in the fitness activity of their choice before or after the gathering.

Thanks to Marilou Dohe for a variety of yummy treats - which caused some to have to walk extra laps! Congregational Care and Adult Ministries collaborated on making this happen. Plan to join us next year!

Ebola

The Ebola Virus is named after a river in Africa, where it first appeared in 1976. Outbreaks have surfaced from time to time ever since. The current outbreak, beginning in March of this year has been labeled a global public health emergency by the World Health Organization. This outbreak is in 5 western African countries. Experts believe the Ebola Virus reservoir is in animals, primarily in fruit bats. The virus has also been found in porcupines, primates and wild antelope. The virus is initially spread to the human population after contact with infected wildlife, and it is then spread person-to-person through direct contact with body fluids such as blood, urine, sweat, semen, and breast milk. The bush meat trade is alive and well in many countries, including the U.S. Even though in this country it is illegal to import bush meat, it can be readily found. The animals imported may be a reservoir for the Ebola Virus.

As of September 4th, there have been 3069 suspected or confirmed cases reported. Over 2000 have died from Ebola in Guinea, Sierra Leone, Liberia, and Nigeria, and it continues to spread. Many sick patients in West Africa have chosen to stay home rather than go to overcrowded and understaffed hospital wards. Those people, who are often cared for by family members without knowledge or resources to protect themselves, are believed to be a big factor in the continuing spread of the disease.

There are two types of exposure recognized: Primary exposure which typically involves travel to or work in an Ebola endemic area. Secondary exposure refers to human-to-human exposure (eg. medical caregivers, family caregivers, or persons who prepare the deceased for burial), primate-to-human exposure (eg. animal care workers who provide care for primates), or persons who collect or prepare bush meat for human consumption.

If you are interested in reading more about the Ebola Virus, please go to the "What's New" section of the Saint Paul UMC website (www.stpaulomaha.org) or ask for a copy in the church office.

Health Ministry Team

Youth Moment



Sunday School

The Roof
Middle and Senior High
Sundays at 10:30am



Wednesday October 1st at 7pm

Devos

Panera 78th & Dodge (bring money for food/drinks)
We will talk about subjects that are important to the Youth



Saturday, October 4th

Vogler Farms – Louisville 2 – 11pm
Farm, Bonfire, Fun
Potluck – bring drink and side dish to share



Sunday, October 13th noon

Crop Walk

Help us to end hunger both locally and abroad!
Youth will be requesting sponsorship for the miles they walk.



Sunday, October 19th 12-4pm

Camp Fontanelle Corn Maze

We will be working the Corn Maze
Lunch at church, bring money for snacks



Sunday, October 26th 12—2pm

Pizza and Game—The Roof

Pizza provided, please bring snacks & drinks to share

Please contact Kristin Malone at 402-598-5188 or kmalone@stpaulomaha.org if you have any Youth questions or suggestions.

Epworth Village Celebrates 125th Anniversary

Friends of Epworth Village are invited to a fundraising event on Thursday, October 23, at First United Methodist Church, 7th and Nebraska Avenue, York, Nebraska. Doors open at 5:00 p.m., and dinner (catered by Chances R Restaurant) will be served at 6:15 p.m.

Their list of live auction items includes: a get-away to Copper Mountain, Colorado; Husker football, volleyball and basketball tickets, and many more.

For further information, contact Marcia Schlegelmilch at mshlegelmilch@epworthvillage.org or call 402-362-3353, ext. 1144.

UMW NEWS

Featuring the activities of the United Methodist Women of Saint Paul UMC. OCT. 2014

EXECUTIVE BOARD

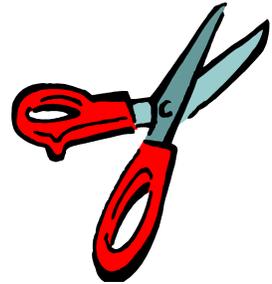
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NEXT GENERAL MEETING
OCTOBER 1, 2014
COFFEE AT 9:30, PROGRAM AT 10 AM

**SUSAN BAER COLLINS
FROM THE COMMUNITY PLAYHOUSE
WILL SPEAK ON
"A CHRISTMAS CAROL"**

**ESTHER
CIRCLE
SERVES IN
OCTOBER.**

**PLEASE SAVE THESE:
CAMPBELL SOUP LABELS
Please turn in the whole label.
GENERAL MILLS BOX TOPS
HYVEE RECEIPTS 'til 12/31**



**NUT SALES
HAVE BEGUN
ORDER NOW!
FORMS ARE IN**

**FALL MINI-MART
OCTOBER 4 & 5**

DATES TO REMEMBER:

SEPTEMBER 26..DISTRICT MEETING AT FIRST UMC/OMAHA
REGISTRATION AT 8:30

SEPTEMBER 27/28 UMW SUNDAY

SEPTEMBER 30 FESTIVAL OF TABLES
AT PRESBYTERIAN CHURCH OF THE CROSS

Recent Hospitalizations

Mary Stolzer, Garry Shepard,

Christian Sympathy

To Justin & Erin Riddle & family in the death of Erin's grandmother.

To the family of Dr. Louis Hanisch in his death.

To the family of Alpha Fiske in her death.

Congratulations

To Teresa Fitzgerald & James Vollmer on their August 16 marriage.

To Andrea Schmitz and Dan Stein on their September 6 marriage.

Thank You

Thank you for all the prayers, cards and well wishes I received while I was hospitalized and home recuperating.

Mary Stolzer

Memorials

For Sheila Meier—Virginia Grove

For Amelia Biga—Barbara Nun, Bob & Patti Griffiths, Joan Clements, Robert Grabbert, Gladys Lantz, Margaret Reed, John & Kerstin Bird, Claudia Griger, Marilyn Claborn

For Ruth Anderson—Kay Lyman, Shirley Svoboda, Marian Bailey, Gladys Lantz, Susanne Bobek, Henry & Willene Schiffbauer, Martha Ann Orr, Joyce Black, Paul & Kathy Vecchio, Ray & Mary Ann Kirchner, Shirley Higbee, Virginia Grove, Bob & Patti Griffiths

For Mary Buono—Judy Buono

For Don Bentley—Virginia Grove, Bob & Patti Griffiths

For Richard & Rose McDonald—Arlin, Sandra & Jason Evenson

For Ralph Brown—Gladys Lantz

For Dr. Louis Hanisch—Jerry Brabec

Nebraska State Fair Blue Ribbons



Connie Almgren, Saint Paul UMC's financial secretary, has other talents besides keeping track of Saint Paul's finances. She entered some of her needlework in the Nebraska State Fair and won three blue ribbons. The items she entered were embroidered pillowcases, pillowcases with a border, and a set of "Day of the Week" tea towels. Congratulations, Connie!

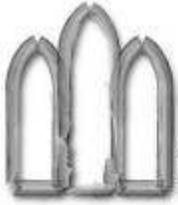
Book Club

"The Orphan Train" by Christina Baker Kline is the book the Book Club will be discussing at their October meeting. The Book Club meets at Immanuel Village on Saturday, October 11, at 8:30 a.m. For directions, call Dee Maycock at 402-571-5599. Please feel free to come even if you have not read the book.



The Dinner Group will meet on Saturday, October 25, at Petrow's. Meet outside the chapel after the 5:00 p.m. worship service, or meet the group at Petrow's, 5914 Center

Street, at approximately 6:30 p.m. All adults are welcome.



Saint Paul
United Methodist Church
5410 Corby Street, Omaha, NE 68104

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RETURN SERVICE REQUESTED



in^uWorship

Saturday Evening

5:00 p.m.—Roth Chapel

Sunday Morning—August Service Times

8:30 a.m.—Sanctuary

10:00 a.m. FUSION—Fellowship Hall

12:30 p.m. African National Service

(Nursery care available for all Sunday services)



inOffice

Monday - Friday: 9:00 a.m. to 5:00 p.m.

Sunday: 8:00 a.m. to 12:15 p.m.

Saint Paul in **Spiration**